

## Hand Protection

- ◆ Hand injuries account for one-third of the two million disabling on-the-job accidents which occur each year.
- ◆ 80% of hand injuries are caused by pinch points!
  - Avoid pinch points by being aware of their locations and taking proper precautions
  - Guard all pulleys and belts that form pinch points
- ◆ Lockout/tagout machinery before removing guarding.
- ◆ Wear approved work gloves when handling rough materials and during other operations where your hands are directly involved in the lifting or moving of objects.
  - Remove or bend down protruding nails, splinters, and sharp edges on materials
- ◆ Check for proper hand clearance when moving a load through a narrow area (e.g., doorways and aisles).
- ◆ Keep your hands free of grease and oil.
- ◆ Sweep up all broken glass or sharp objects.
- ◆ Do not wear rings while working — they can be caught easily on machinery or other objects!
- ◆ Report *all* injuries, no matter how minor — and obtain first aid.

